

NEW YORK ACADEMY

Day\Date	Breakfast	Lunch	Salad	Dessert
Mon, 01-May	French Toast & Fresh Fruits Drink - Badam Milk	Grilled Chicken, Mash Potato, Steamed Rice, Dal, Curd Rice & Papad	Russian Salad	Vanilla Cake
Tue, 02-May	Vermicelli Upma with Bread Butter Jam Drink - Plain Milk	Aloo Chole Poori, Spinach Dal, Steamed Rice, Curd Rice & Papad	Butter Broccoli	Brownie
Wed, 03-May	Idli with Chutney & Fresh Fruits Drink - Strawberry Milk	Kadhai Chicken, Kadhai Veg, Veg Pulao, Sambar, Steamed Rice, Curd Rice & Papad	Sauteed Veggies	Fruit Custarc
Thu, 04-May	Pancake with Honey/Maple Syrup & Boiled Corns Drink - Chocolate Milk	Rajma with White Rice, Veg Fry, Curd Rice, Papad & Chutney	Grilled Veggies	Honey Almond Cake
Fri, 05-May	Veg Cheese Sandwich & Fresh Fruits Drink - Badam Milk	Chilli Chicken & Chilli Veg with Fried Rice, Sambar, Steamed Rice, Curd Rice & Papad	Aloo Chat	Quinoa Cake

MENU May 2023

Mon, 08-May	Dosa with Chutney & Fresh Fruits Drink - Strawberry Milk	Veg & Non Veg Quesadilla, Sambar, Steamed Rice, Curd Rice & Papad	Grilled Veggies	Tutti-Frutti Cake
Tue, 09-May	Sooji Upma & Bread Jam Drink - Plain Milk	Hyderabadi khichdi, Veg Fry, Sambar, Steamed Rice, Curd Rice & Papad	Sauteed Corn, Carrot & Broccoli	Chocolate Cake
Wed, 10-May	Pav Bhaji & Fresh Fruits Drink - Badam Milk	Veg & Non-Veg Biryani, Mirchi Ka Salan, Papad & Raita	Garden Salad	Brownie
Thu, 11-May	Vada with Chutney & Boiled Corn Drink - Chocolate milk	Mix Veg Pulao, Dal Makhani, Aloo Jeera, Steamed Rice, Curd Rice and Papad	Sauteed Veggies	Banana Walnut Cake

Fri, 12-May Cheese Corn Toast & Fresh Fruits Drink - Plain Milk	Veg & Non Veg Manchuria with Noodles, Fried Rice, Curd Rice & Papad	Beetroot & Carrot	Fruit Custard
--	--	----------------------	---------------

Mon, 15-May	Poha with Chutney & Fresh Fruits Drink - Hot Chocolate	Veg & Non Veg Pizza, Dal Fry, Steamed Rice, Curd Rice & Papad	Grilled Veggies	Marble Cake
Tue, 16-May	Idli with Chutney, Bread Jam Drink - Plain Milk	Veg Salt & Pepper, Spinach Dal, Steamed Rice, Curd Rice & Papad	Boiled Chickpeas & Veg Salad	Quinoa Cake
Wed, 17-May	Waffles with Honey/Maple Syrup & Fresh Fruits Drink - Strawberry Milk	Veg & Non Veg Pasta in Mix Sauce, Sambar, Steamed Rice, Curd Rice & Papad	Butter Corn & Peas	Dates & Walnut Cake
Thu, 18-May	Mix Veg Patties & Sauteed Corn and Peas Drink - Plain Milk	Veg Pulao with Dal Makhani, Veg Fry, Sambhar, Steamed Rice, Curd Rice & Papad	Fresh Garden Salad	Chocochip Cake
Fri, 19-May	Vada with Chutney & Fresh Fruits Drink - Chocolate Milk	Pepper Chicken, Crispy Vegetables, Sambar, Steamed Rice, Curd Rice & Papad	Crispy Chana Chat	Tutti-Frutti Cake

Mon, 22-May	Mix Veg Sandwich & Sauteed Corn Drink - Hot Chocolate	Butter Chicken, Veg Korma, Veg Pulao, Dal Tadka, Steamed Rice, Curd Rice & Papad	Caesar Salad	Brownie
Tue, 23-May	Vermicelli Upma with Bread Butter Jam Drink - Plain Milk	Pindi Chana, Lemon Rice, Sambar, Steamed Rice, Curd Rice and Papad	Carrot, Beans & Brocolli	Vanilla Cake
Wed, 24-May	Idli with Chutney & Fresh Fruits Drink - Strawberry Milk	Kadhai Chicken, Kadhai Veg, Veg Pulao, Steamed Rice, Sambhar, Curd Rice & Papad	Aloo Chat	Fruit Custard
Thu, 25-May	French Toast & Fresh Fruits Drink - Badam Milk	Kadhi Pakoda with White Rice, Veg Fry, Curd Rice, Papad & Chutney	Sauteed Corn, Carrot & Broccoli	Honey Almond Cake
Fri, 26-May	Veg Cheese Sandwich & Fresh Fruits Drink - Badam Milk	Chilly Chicken & Chilly Veg with Fried Rice, Steamed Rice, Spinach Dal, Curd Rice & Papad	Carrots, Beans & Broccolli	Quinoa Cake

Mon, 29-May	Dosa with Chutney & Fresh Fruits	Grilled Chicken, Mash Potato, Steamed Rice,	Russian Salad	Brownie
	Drink - Strawberry Milk	Dal, Curd Rice & Papad		MALACE.

Tue, 30-May	Sooji Upma & Bread Jam Drink - Plain Milk	Mix Veg Pulao, Dum Aloo, Spinach Dal, Steamed Rice, Curd Rice and Papad	Buttered Broccoli, Corn & Carrot	Banana Walnut Cake
Wed, 31-May	Pav Bhaji & Fresh Fruits Drink - Badam Milk	Veg & Non Veg Biryani, Mirchi ka Salan, Raita, Sambhar, Steamed Rice & Curd Rice	Sauteed Vegetables	Fruit Custard