



MENU

SEPTEMBER 2023



Day\Date	Breakfast	Lunch	Salad	Dessert
Fri, 01-Sep	Veg Sandwich & Fresh Fruits Drink - Badam Milk	Veg & Non Veg Manchurian Gravy, Fried Rice, Sambar Rice, Curd Rice & Papad	Lettuce Salad	Fruit Custard
Mon, 04-Sep	Idli with Chutney & Fresh Fruits Drink - Plain Milk	Veg & Non-Veg Casserole, Mexican Rice, Dal Tadka Rice, Curd Rice & Papad	Grilled Veggies	Vanilla Choco Chip Cake
Tue, 05-Sep	Cinnamon Rolls & Fresh Fruits Drink - Hot Chocolate	Mix Veg Pulao, Dal Makhani, Sambar Rice, Curd Rice & Papad	Cucumber, Beetroot & Carrot Sticks	Brownie
Wed, 06-Sep	Poha with Chutney & Fresh Fruits Drink - Strawberry Milk	Grilled Chicken, Mash Potato, Sambar Rice, Curd Rice & Papad	Carrots, Beans & Broccoli	Payasam
Fri, 08-Sep	Pancakes with Maple Syrup & Fresh Fruits Drink - Plain Milk	Pepper Chicken, Sauteed Vegetables, Green Moong Dal Rice, Curd Rice & Papad	Crispy Chana	Quinoa Cake
Mon, 11-Sep	Veg Upma & Fresh Fruits Drink - Hot Chocolate	Kadhai Chicken, Kadhai Veg, Veg Pulao, Sambar Rice, Curd Rice & Papad	Lettuce Salad	Tutti Frutti Cake
Tue, 12-Sep	Pav Bhaji & Fresh Fruits Drink - Plain Milk	Mix Veg Pulao, Shahi Paneer, Yellow Moong Dal Rice, Curd Rice & Papad	Russian Salad	Honey Almond Cake
Wed, 13-Sep	French Toast & Fresh Fruits Drink - Badam Milk	Veg & Non-Veg Biryani With Salan, Raita & Papad	Green Salad	Raisin Cake
Thu, 14-Sep	Vada with Chutney & Fresh Fruits Drink - Strawberry Milk	Sambar Rice, Veg Fry, Aloo Jeera, Curd Rice, Chutney & Papad	Crispy Chana Chat	Banana Walnut Cake
Fri, 15-Sep	Veg Sandwich & Fresh Fruits Drink - Badam Milk	Veg & Non-Veg Quesadilla, Dal Tadka Rice, Curd Rice & Papad	Sauteed Corn, Carrot & Broccoli	Fruit Custard
Mon, 18-Sep	Idli with Chutney & Fresh Fruits Drink - Plain Milk	Veg & Non-Veg Macaroni Cheese Pasta, Sambar Rice, Curd Rice & Papad	Russian Salad	Vanilla ChocoChip Cake
Wed, 20-Sep	Cinnamon Rolls & Fresh Fruits Drink- Hot Chocolate	Butter Chicken, Veg Korma, Veg Pulao, Yellow Moong Dal Rice, Curd Rice & Papad	Grilled Veggies	Brownie
Thu, 21-Sep	Poha with Chutney & Fresh Fruits Drink - Strawberry Milk	Veg Peas Pulao, Sauteed Veg, Green Moong Dal Rice, Curd Rice & Papad	Lettuce Salad	Payasam
Fri, 22-Sep	Pancakes with Maple Syrup & Fresh Fruits Drink - Plain Milk	Chilli Chicken & Chilli Veg with Veg Noodles, Sambar Rice, Curd Rice & Papad	Fresh Garden Salad	Quinoa Cake
Mon, 25-Sep	Veg Upma & Fresh Fruits Drink - Hot Chocolate	Veg & Non-Veg Mini Burger, Sambar Rice, Curd Rice & Papad	Green Salad	Tutti Frutti Cake
Tue, 26-Sep	Pav Bhaji & Fresh Fruits Drink - Plain Milk	Aloo Chole Poori, Yellow Moong Dal Rice, Curd Rice & Papad	Carrots, Beans & Broccoli	Honey Almond Cake
Wed, 27-Sep	French Toast & Fresh Fruits Drink - Badam Milk	BBQ Grilled Chicken With Vegetables, Sambar Rice, Curd Rice & Papad	Green Salad	Raisin Cake
Fri, 29-Sep	Vada with Chutney & Fresh Fruits Drink - Strawberry Milk	Veg & Non-Veg Biryani With Salan, Raita & Papad	Crispy Chana Chat	Banana Walnut Cake