



NEW YORK
ACADEMY

MENU

MARCH 2024



Day\Date	Breakfast	Lunch	Salad	Dessert
Fri, 01-Mar	Veg Sandwich & Fresh Fruits Drink - Badam Milk	Veg & Non-Veg Biryani with Salan, Raita & Papad	Kachumber Salad	Chocochip Cake
Mon, 04-Mar	Idli with Chutney & Fresh Fruits Drink - Chocolate Milk	Veg & Non-Veg Pizza, Moong Dal, Steamed Rice, Curd & Papad	Beetroot/ Cucumber/Carrot	Tutti Frutti Cake
Tue, 05-Mar	Pancakes with Maple Syrup & Fresh Fruits Drink - Plain Milk	Veg Salt & Pepper, Pindi Chana, Sambar, Steamed Rice, Curd & Papad	Lettuce Salad	Payasam
Wed, 06-Mar	Vermicelli Upma & Fresh Fruits Drink - Strawberry Milk	Chicken Majestic, Butter Paneer Masala, Sambar, Steamed Rice, Curd & Papad	Sauteed Veggies	Quinoa Cake
Thu, 07-Mar	Vada with Chutney & Fresh Fruits Drink - Badam Milk	Tomato Rice, Crispy Bhindi, Sambar, Steamed Rice, Curd, Chutney & Papad	Boiled Chickpeas & Veg Salad	Fruit Custard
Mon, 11-Mar	Veg Upma & Fresh Fruits Drink - Hot Chocolate	Kadhai Chicken, Kadhai Veg, Veg Pulao, Sambar, Steamed Rice, Curd & Papad	Green Salad	Honey Almond Cake
Tue, 12-Mar	Pav Bhaji & Fresh Fruits Drink - Plain Milk	Mix veg Pulao, Matar Paneer, Sambar, Steamed Rice, Curd & Papad	Lettuce Salad	Payasam
Wed, 13-Mar	French Toast & Fresh Fruits Drink - Badam Milk	Veg & Non-Veg Pasta, Sambar, Steamed Rice, Curd & Papad	Carrots, Beans & Broccoli	Quinoa Cake
Thu, 14-Mar	Sabudana Khichdi & Fresh Fruits Drink - Hot Chocolate	Sambar, Veg Fry, Crispy Bhindi, Steamed Rice, Curd, Chutney & Papad	Crispy Chana Chat	Fruit Custard
Fri, 15-Mar	Veg Sandwich & Fresh Fruits Drink - Badam Milk	Veg & Non-Veg Biryani with Salan, Raita & Papad	Kachumber Salad	Brownie
Mon, 18-Mar	Idli with Chutney & Fresh Fruits Drink - Chocolate Milk	Veg & Non-Veg Quesadilla, Palak Dal, Steamed Rice, Curd & Papad	Corn/Broccoli/ Beans Salad	Marble Cake
Tue, 19-Mar	Pancakes with Maple Syrup & Fresh Fruits Drink - Plain Milk	Aloo Jeera, Dal Makhni, Sambar, Steamed Rice, Curd, Chutney & Papad	Sauteed Veggies	Payasam
Wed, 20-Mar	Poha with Chutney & Fresh Fruits Drink - Strawberry Milk	Butter Chicken, Veg Korma, Veg Pulao, Sambar, Steamed Rice, Curd & Papad	Caesar Salad	Quinoa Cake
Thu, 21-Mar	Vada with Chutney & Fresh Fruits Drink - Badam Milk	Veg Peas Pulao, Crispy Veg, Sambar, Steamed Rice, Curd & Papad	Crispy Chana Chat	Fruit Custard
Fri, 22-Mar	Veg Upma & Fresh Fruits Drink - Hot Chocolate	Veg & Non-Veg Biryani with Salan, Raita & Papad	Kachumber Salad	Banana Walnut Cake
Tue, 26-Mar	Pav Bhaji & Fresh Fruits Drink - Plain Milk	Aloo Chole Poori, Sambar, Steamed Rice, Curd & Papad	Carrots, Beans & Broccoli	Payasam
Web 27-Mar	French Toast & Fresh Fruits Drink - Badam Milk	Chilli Chicken & Chilli Veg with Veg Noodles, Sambar, Steamed Rice, Curd & Papad	Green Salad	Quinoa Cake
Thu, 28-Mar	Sabudana Khichdi & Fresh Fruits Drink - Hot Chocolate	Mix Veg Pulao, Rajma, Sambar, Steamed Rice, Curd & Papad	Crispy Chana Chat	Fruit Custard