



VIA VERITAS VITA

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# MENU

MAY 2025





Day\Date	Breakfast	Lunch	Salad	Dessert
Fri, 02 May	Pancake with Maple Syrup, Upma & Fresh Fruits Drink – Plain Milk	Chicken & Veg Biryani, Mirchi Ka Salan & Boondi Raita	Veg Stick Salad	Payasam
Mon, 05 May	Vegetable Poha with Peanuts, Coconut Chutney & Fresh Fruits Drink – Peanut Butter, Banana & Dates Smoothie	Veg & Non-Veg Macaroni Pasta with Pink Sauce, Sambar, Steamed Rice & Curd Rice	Sautéed Veggies	Marble Brownie
Tue, 06 May	Ragi Idli with Peanut Chutney, Sambar & Fresh Fruits Drink – Chocolate Milk	Mix Veg Pulao & Mint Raita, Dal Makhani, Veg Curry, Okra Vepudu, Steamed Rice, Curd Rice & Papad	Chana Chaat	Banana Walnut Cake
Wed, 07 May	Tomato Bhat, Chutney & Fresh Fruits Drink – Mango Smoothie	Chicken and Veg Manchurian Gravy with Egg Fried Rice, Dal, Steamed Rice & Curd Rice	Kimchi Salad	Fruit Custard
Thu, 08 May	Vada with Sambar, Chutney & Fresh Fruits Drink – Strawberry Milkshake	Navrathna Pulao, Vegetable Kurma, Dondakaya Vepudu, Thotakura Pappu, Steamed Rice, Curd Rice & Papad	Sautéed Corn & Peas	Choco Chip Cake
Fri, 09 May	Egg & Veg Sandwich & Fresh Fruits Drink – Badam Milk	Chicken & Veg Biryani, Salan & Cucumber Raita	Green Salad	Sabudana Kheer
Mon, 12 May	Vermicelli Upma, Peanut Chutney & Fresh Fruits Drink – Chocolate Milkshake	Veg Hakka Noodles, Chilli Chicken & Chilli Veg Gravy, Dal, Steamed Rice & Curd Rice	Sprouts	Dates and Walnut Tea Cake
Tue, 13 May	Carrot Idli with Peanut Chutney & Fresh Fruits Drink – Strawberry Milk	Meal Maker and Vegetable Rice, Paneer Butter Masala, Potato Vepudu, Mango Dal, Curd Rice & Papad	Kachumber Salad	Tooty Fruity Cake
Wed, 14 May	French Toast with Honey, Tomato Bhat, Fresh Fruits Drink – Plain Milk	Veg & Non-Veg Quesadilla, Steamed Rice, Sambar & Curd Rice	Grilled Veggies	Vanilla Pastry
Thu, 15 May	Upma with Peanut & Coconut Chutney & Fresh Fruits Drink – Chocolate Milk	Aloo Chole, Puri, Gangavalli Mango Pappu, Steamed Rice & Curd Rice	Veg Stick Salad	White Chocolate Brownie
Fri, 16 May	Pav Bhaji & Fresh Fruits Drink – Badam Milk	Chicken & Veg Biryani, Mirchi Ka Salan & Raita	Green Salad	Payasam
Mon, 19 May	Vegetable Poha with Peanut & Coconut Chutney & Fresh Fruits Drink – Peanut Butter, Banana & Dates Smoothie	Veg & Non-Veg Macaroni Pasta with Pink Sauce, Sambar, Steamed Rice & Curd Rice	Sautéed Veggies	Marble Brownie
Tue, 20 May	Ragi Idli with Peanut Chutney, Sambar & Fresh Fruits Drink – Chocolate Milk	Mix Veg Pulao & Mint Raita, Dal Makhani, Veg Curry, Okra Vepudu, Steamed Rice, Curd Rice & Papad	Chana Chaat	Banana Walnut Cake
Wed, 21 May	Tomato Bhat, Chutney & Fresh Fruits Drink – Mango Smoothie	Chicken and Veg Manchurian Gravy with Egg Fried Rice, Dal, Steamed Rice & Curd Rice	Kimchi Salad	Fruit Custard
Thu, 22 May	Vada with Sambar and Chutney & Fresh Fruits Drink – Strawberry Milkshake	Navrathna Pulao, Vegetable Kurma, Dondakaya Vepudu, Thotakura Pappu, Steamed Rice, Curd Rice & Papad	Sautéed Corn & Peas	Choco Chip Cake
Fri, 23 May	Egg & Veg Sandwich & Fresh Fruits Drink – Badam Milk	Chicken & Veg Biryani, Salan & Cucumber Raita	Green Salad	Sabudana Kheer

